

ABSOLUTE CHIROPRACTIC
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WWW.ABSOLUTE-CHIROPRACTIC.COM

Department of Transportation Medical Examination

What you will need:

- A valid Driver's License
- THE NEED TO PEE!!!! (Drink Water! We need a urine sample)
- List of your current medications
- Glasses/ Hearing Aids

Things to plan for in advance:

If you have the following medical conditions you're going to need some paperwork

Sleep Apnea – Bring a copy of your recent (*past 90 days*) CPAP report.

Diabetic Condition – Bring a list of medications and name of prescribing doctor.
Insulin Dependent: you do need your medical doctor to complete the MCSA-5870 assessment form found at www.fmcsa.dot.gov. This form must be completed prior to your physical and brought with you.

High Blood Pressure - Bring a list of medications and name of prescribing doctor.

Heart Condition – If you've had a heart attack or cardiovascular disease, you'll need to bring a copy of your last stress test.

Medications – List all the prescription medicines you take, including strength and dosage. If you regularly take over-the counter medications, such as antacids or allergy pills, list them, too.

Contact information – Have names and phone numbers of your doctors in case you need to call and have them fax missing information.

Rx: Disqualifiers: We cannot issue you a health card if you take any of the following:

Schedule I or II drugs		Methadone
Benzodiazepines	Chantix	Any Rx to prevent seizures
Narcotics or illegal drugs (there is NO medical marijuana in federal law)	Any other drug that the examiner thinks may compromise safety	